

# CSAANYS

## Coaching Program

### Services Overview

Preparing teachers for success, and sustaining those teachers is critical to the future of education. Teacher turnover can be expensive and detrimental to a school, impacting student achievement and overall school success. Now more than ever it is essential that our teachers be provided with high-quality support as they help build a brighter future for our Catholic school students. The CSAANYS Coaching program is designed to provide an opportunity for our teachers to grow professionally from a coaching relationship.

### 1:1 Coaching

1:1 Mentor Coaching pairs a trained CSAANYS Coach with a teacher. This model offers confidential and individualized support. The coach and teacher form a partnership, working collaboratively toward the achievement of mutually defined goals to develop the teacher's skills, abilities, and thinking. For 2020 a virtual platform will be used for meetings and contact is available to the teacher as needed between meetings.



### Group Coaching

This model features the benefit of the support of colleagues in addition to that of the coach. By sharing successes and challenges with colleagues and a coach, teachers build capacity by identifying strengths and delving into concrete day-to-day situations. 2 or more teachers (up to 6) either from the same school or different schools in a region form a Coaching Circle with the coach acting as facilitator. Circles form for the school year and feature four individual 1:1 sessions with the coach as well as six 60-minute group sessions. Support is available as needed between meetings.

# FAQs

## **How do I get started?**

A school leader requests a coach by contacting CSAANYS at [csaanys@twc.com](mailto:csaanys@twc.com).

## **How much does it cost?**

That's not an easy question to answer, let's talk, it's cheaper than you are imagining.

## **When does the program begin?**

Both 1:1 and Group Coaching can begin at any time during the year.

## **Continuing Education Credit (CTLE)**

CSAANYS, is a NYSED approved CTLE provider. All participants receive a certificate of completion and CTLE credit.

## **Contact**

For more information about this program, contact Carol Hayes, CSAANYS Executive Director at [csaanys@twc.com](mailto:csaanys@twc.com)

CSAANYS Coaching differs from teacher partner mentoring. Both kinds of coaching have value, but they are different and support the teacher in very different ways. CSAANYS coaches are not school employees, therefore there is a high level of comfort with the confidentiality and objectivity that comes with an external coach. Teacher partners, who are colleagues, can offer a lot of insider history and knowledge of routines, procedures, and school culture. CSAANYS coaches, however, are trained to focus on overall professional growth by advancing a teacher's ability to think through challenges and strengthen his or her skills using impactful questioning, active listening, and reflection.